

2025年度

山形東高校 家庭科部 年間計画・実績表

記入の仕方:「時間」には活動時間(h)の数字を記入すること 「休養日」には設定した期日に「1」を入力すること
「特記事項」には学校行事や校内以外の部活動場所、大会等を記載すること。

Table for January (1月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for February (2月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for March (3月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for April (4月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for May (5月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for June (6月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Summary table for January showing planned and actual rest days and average activity times.

Summary table for February showing planned and actual rest days and average activity times.

Summary table for March showing planned and actual rest days and average activity times.

Summary table for April showing planned and actual rest days and average activity times.

Summary table for May showing planned and actual rest days and average activity times.

Summary table for June showing planned and actual rest days and average activity times.

Table for July (7月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for August (8月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for September (9月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for October (10月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for November (11月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Table for December (12月) with columns for day, day of week, planned time, planned rest days, actual time, actual rest days, and special items.

Summary table for July showing planned and actual rest days and average activity times.

Summary table for August showing planned and actual rest days and average activity times.

Summary table for September showing planned and actual rest days and average activity times.

Summary table for October showing planned and actual rest days and average activity times.

Summary table for November showing planned and actual rest days and average activity times.

Summary table for December showing planned and actual rest days and average activity times.

Summary table for the entire year showing total planned and actual rest days and average activity times.